



## Barnstable County Sheriff's Office

### Vivitrol Pre-Release Program

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# Vivitrol Program at BCCF

- In April of 2012, BCCF started offering Vivitrol treatment to inmates as part of a comprehensive pre-release program.
- BCCF was the first county correctional facility in the state, and one of the few in the country to offer this treatment.
- To date, BCCF has assisted 6 other counties in the state and the DOC in offering Vivitrol treatment to their inmates. BCCF has also assisted correctional facilities across the country to design and implement Vivitrol programs like the one offered at BCCF.
- BCCF now offers the largest Correctional Vivitrol treatment program in the country.
- Preliminary results indicate that the BCCF Vivitrol program may be effective in reducing relapse and recidivism rates.

# Why offer a Vivitrol Program?

## Indications for Pre- and Post-Release Substance-Abuse Treatment

- Approximately 30% of new Intakes at BCCF require opioid detox
- Approximately 25% of new intakes require alcohol detox
- Highest risk of death is in the first 2 weeks after release; i.e.; overdose
- Recidivism is tightly linked to relapse
- Expense of incarcerating non-violent offenders
- Substance abuse is a causative factor for criminogenic behavior

# Current Options for Opioid/Alcohol Addicted Individuals After Release

- Relapse
- Abstinence
- Counseling
- 12 Step Programs
- Medication Assisted Treatment

To treat addiction to Opioids:

*\*Methadone*

*\*Suboxone*

To treat addiction to Opioids & Alcohol: *\*Vivitrol*

# Vivitrol

## (Extended-Release Naltrexone)

- An injectable form of the medication Naltrexone
- Each dose lasts 30 days
- For treatment of Alcohol and/or Opioid dependence
- Reduces Cravings/Blocks positive effects of substances
- Recommended abstinence from opioids for 7-10 days before administration
- Non-Mood Altering/Non Addictive
- Not controlled/No Street Value
- No withdrawal

## The Vivitrol Program is a Medication **ASSISTED** Treatment

- The medication is only one aspect of treatment
- The medication is intended to help prevent relapse while the addicted individual works to make lasting behavioral changes through treatment
- Other treatments (counseling/meetings) are necessary for lasting recovery

# Vivitrol Program Outline

## How does it work at BCCF?

- Programs department presents information about Medication-Assisted Treatment to inmates
- Interested inmates request treatment/information from the medical department
- Medical Director, Assistant Director, or Transitional Healthcare Coordinator meets one on one with inmate to determine if appropriate treatment for individual
- Medical Clearance to receive the medication is obtained by Medical Director

# Vivitrol Program Outline(Cont.)

- Two counseling sessions with Mental Health Staff are offered
- Inmate is given the pill form of Vivitrol (Naltrexone) for 3 days to ensure no allergy or adverse reaction to the medication
- Vivitrol injection is administered 3 days prior to release
- Mass Health Insurance initiated
- Re-entry team works with inmate to form a comprehensive discharge plan
- Follow-up treatment at community clinic is scheduled prior to release (preferably 2-3 days after release)



## Collaboration with the Drug Court

- In March 2013, BCCF began collaborating with the Barnstable County Drug Court to offer participation in the Vivitrol Pre-Release program to selected pre-trial inmates.
- This collaboration has provided the Drug Court with another option for alternative sentencing.
- In these cases, the judge orders an individual held for 30 days with a recommendation that while they are held, they seek information about/consider participating in the Vivitrol Pre-release Program.
- This option allows for the individual to achieve sobriety, begin treatment and be set up with an aftercare plan while safely in holding at the correctional facility.

# Vivitrol Program Data Collection

Data being collected to determine efficacy of program:

- Inmate self-reported craving level pre- and post- treatment compared
- CORI reports run for 2 years after release to confirm no incarcerations
- Clean time history compared to current clean time
- Compliance with appointments, counseling requirements, and monthly Vivitrol injections at community clinic.
- Is the individual contributing to the work force?
- Recidivism- Is treatment increasing time between incarcerations?

# Preliminary Results

**As of March of 2014, BCCF had treated approximately 85 inmates with Vivitrol prior to release.**

- 78% of inmates treated with Vivitrol have willingly shown up for their first post-release treatment appointment in the community.
- Over 50% of inmates treated remain in active treatment or have completed treatment and report sobriety.
- 9% of participants have been re-incarcerated, meaning that 91% of the inmates treated have NOT returned to BCCF.

# Correctional Facilities in Massachusetts and Vivitrol Treatment Programs

## Counties currently implementing a program with Vivitrol:

- Barnstable
- Middlesex
- Hampden
- Hampshire

## In the Planning/Implementation phase:

- Suffolk
- Worcester
- Norfolk
- Essex
- DOC



# Questions?